



Lend a Hand

BERITA ROTARY

ROTARY CLUB OF KUALA LUMPUR DIRAJA

R.I. DISTRICT 3300



KDN PP1359/12/2000

Website: www.rotarykldiraja.org

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Wheelchairs Donation Event At Teluk Datuk, Banting



President Kanes, Deputy Finance Minister Dato' Dr Hj. Shafie, PP Chan Kam Fatt, Dr Shree Gianesh and Wong Chee Loon with recipients of donated wheelchairs at Teluk Datuk, Banting in July 2003.



Secretary's Announcements For Lunch Meeting On 03.09.2003

Meetings of the Service Committees

- Vocational Service will meet on **03.09.2003** at 2.00pm at Shangri La Hotel.

- New Generation Service will meet on **09.09.2003** (Tuesday) at 5.30pm at Shangri La Hotel.

- Club Service will meet on **16.09.2003** (Tuesday) at 5.30pm at Shangri La Hotel.

2. The Rotary Club of Bernam Valley is organizing an Intercity Meeting on **05.09.2003** in conjunction with the RYLA ASIA 2003. The Hon. Minister of Youth and Sports will deliver his keynote address during this meeting:-

Venue : Residence Hotel in Kajang (Uniten)

Time : 7.30pm

Price : RM50.00

3. The Rotary Club of Port Dickson will be organizing the Gift of Sight golf event on Sunday, **07.09.2003** to be held at PD Golf and Country Club. Proceeds will finance for the 10 cataract operations to be conducted by the Tun Hussein Onn Mobile Clinic. Only RM200.00. This will cover breakfast and lunch, green fee and buggy.

Arrangement are being made to accommodate Rotarians who wish to put a night in PD, Family bookings are encourage. Fellowship dinner will also be held at the PD yacht club on the **06.09.2003** with members from RCPD. Those interested please contact Rtn Yahya Razali.

4. The Rotary Career Guidance & Personal Development Seminar (CPDS) and the Rotary Education Fair 2003 scheduled for 16th August 2003 has been postponed to Saturday, **27th September 2003**.

September's Lunch Programme - New Generations Month

Wed. Sept. 3	Educating Under-Privileged Children (Rumah Hope)	Dr. Peggy Wong
Wed. Sept. 10	Stepping Stones Project - Rotaract Club KL	Pres. Elyse Lee
Wed. Sept. 17	Experiences of IN-Bound Foreign Exchange Students	PP Hj. Razali
Wed. Sept. 24	DBKL's Vision-KL2020 - *12.00noon at DBKL	Datuk Bandar

CHANGE OF PROGRAMME – Today's Speaker – Rtn. Louis Cheah Beng Poh

Unfortunately, Dr Peggy C Wong is unable to be with us today but we hope she will be able to talk to us about Educating Under-Privileged Children (Rumah Hope) in the not too distant future.

At short notice, we are grateful to **RTN. LOUIS CHEAH BENG POH** for coming to speak to us this lunchtime.

Rtn. Louis Cheah Beng Poh actually needs little introduction as he has been with our Club since 1979 and has been actively involved in our affairs. He has been especially vocal in discussions and Q & A sessions arising from his wide reading and legal knowledge.

He is a Lawyer by Profession, being a Senior Partner in Arifin & Partner. A Paul Harris Fellow, Louis has served as Director Youth, Club Treasurer and Secretary (twice) as well as Chairman of Probus. Thus the Club Presidency is there for him anytime he wishes to take up.

His hobbies are Golf, Billiards and organising "Interact Workshop"; he has done the latter so many times that the Title "Mr. Interact" can justifiably be bestowed on Louis!

Funnybones

Man finally bought a parrot at an auction after some very strong bidding. "I suppose the bird talks?"

He said to the auctioneer. "Talk?" came the reply. "He's been bidding against you for the past half hour!"

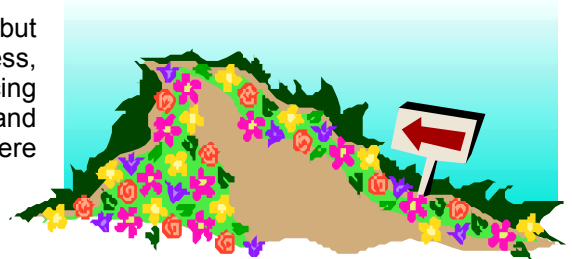
Last Week's Speaker Report Back: Ms Bertille Almeida

Title: Aromatherapy for Healing

Our speaker's subject was introduced by David Teh and he rightly observed that as a practitioner of 'alternative healing' methods Ms Almeida was entering the lions den in talking to an audience which probably contained a higher proportion of doctors and health practitioners as could be found in the country.

Essential oils have many uses; Antiseptic, Anti Inflammatory, Cicatrisant, Fungicidal. The methods of application is almost as numerous as the different types of oils, ranging from diffusers, massage, and bathing. Samples of oils were passed round during the talk and the audience was told that care should be taken before use of oils to determine if the user might be allergic to them. Always test on the wrist before use. Healing oils are up to 100 times the naturally occurring concentration. We were told that oils should be kept in cool dark storage areas and in glass bottles not plastic ones. We were also told not to over shake the bottles because the ether in the oil extract will harm the oil. Which were the best oils for the male audience?

Well, it depended on the ailment but Frankincense for tiredness and stress, Jasmine for stimulating and enhancing sensuality and Melissa for uplifting and refreshing. A number of questions were asked including which were the most expensive oils – apparently Tunkabin and Everlasting or Immortil.



Peter Tham thanked Ms Bertille on behalf of the club for her talk noting that one aroma he personally found also to be highly satisfying and relaxing not mentioned by the speaker was cigar aroma!



Birthday Boys PDG Dato Mustapha Ma & Richard Soo Sing Ghee



Jamil Spatafore Abdullah receiving his Paul Harris Fellow Certificate

Quotes

1. "Learn from the mistakes of others. You can't live long enough to make them all yourself"
2. "One of the greatest creations of the human mind is the art of reviewing books without having read them" - G C Lichtenberg
3. "Liberty doesn't work as well in practice as it does in speeches" - Will Rogers
4. "Order without liberty and liberty without order are equally destructive" – Theodore Roosevelt

Minutes of the 1st International Service meeting

23.07.2003 (Wednesday), 2.00p.m. at Shangri La Hotel, Kuala Lumpur

1. On RYLA Asia

- The members were briefed on the latest updates change of venue for the RYLA Asia to the Residence Hotel (Uniten Campus) in Kajang. It was also noted that the event was not included in the RYLA International Rotary webpage.
- Dato Mustapha informed that our club has invited 8 sister clubs to send participants to the event. Rtn Rizal explained that the club will sponsor only 4 participants from the responding clubs. So far only 3 clubs have responded with intention to send participants. It was suggested that since payments have to be made in advance upon registration, arrangements should be made to utilize service funds for that purpose.
- To make arrangements for Rotarian and Rotaractors to meet up with RYLA participants on the day of their arrival at airport and stations. Rotaractors will be requested to assist to bring the participants to the RYLA venue. Rtn Frank Lim will coordinate upon further confirmation of the arrival details.

2. International Service Projects for Rotary Year 2003/04

- Project 'On to Convention In Osaka' – visit to sister club induction
- World Understanding Month – February 2004 – to contact Rtn Leslie Sallehuddin on the Group 6 programs for the month.
- To follow up on the 'Book From Cleveland' – to contact Rtn Chandrasekaran of Ohio, USA 'Charity starts at home'. All Interact clubs are encouraged to organise projects which will benefit the fellow students and the school community.

3. International Service Reports presented at the 1st Club Assembly

- Visit of Raffles City Rotarians on **5th & 6th July 2003**.
- We had 8 visitors from Raffles City who attended our Installation on the **06.07.03**. They arrived on Saturday afternoon and we had a fellowship dinner at the Royal Selangor Club and subsequently the visitors were taken for stall food by Rtn KK Chong.
- PP Dato Hanif had made arrangements for a golf game on Sunday morning at Bangi but changes had to be made by me as the number was reduced to 3 from 8 so PE Lee Hock Bee had to play to make the number.
- Visit of PP Carlos from Makati Club.
- Rtn Richard Soo hosted a lunch for PP Carlos and Ann at the Hakka Restaurant on the **06.07.03**.
- Visit to Hatyai Nakarin Installation on **11.07.03**. PP Dato Jimmy Lim organised a bus load of Rotarians from our Club, the Inner Wheel, and other Rotarians from the district for this installation dinner. Our sister club received wheelchairs from our club and the Inner Wheel. Our PP Dato Jimmy Lim and ladies from the Inner Wheel also performed at the dinner.
- Visit to Makati Club Installation on **18.03.07**. Three Rotarians from our club attended the Installation of our sister club in Makati and also handed over 2 wheelchairs to the club.
- RYLA conference **3-7th September 2003**. We sent out notices to our sister clubs to participate in this conference and to date Crows Nest in Sydney has indicated inability to participate as they do not have a suitable candidate. Singapore club has indicated the possibility of 2 candidates, and Bangkok Club has indicated 1 candidate. Also to request that the newsletter with this information be mailed to the sister clubs.

4. Other matters

- The issue of who should pick up the tab on the fellowship gatherings was brought to the attention of the committee. Dato Kamarulzaman will bring this issue for discussion during the next assembly.
- On Paul Harris Fellow – the committee to approach Rtn Akbar Khan.
- Suggestion to revive the ASEAN Fellowship Grouping – to involve the current Ambassadors of ASEAN countries and approach them for Honorary membership.

Rtn Hardeep Singh, Secretary, International Service Committee, RY 2003/2004.

Birthday Boys
None

Anns Birthdays
None

Wedding Anniversaries
None



Attendance Figures

July 2003	67.1%
06/08	61.6%
13/08	55.4% (P)
20/08	57.1% (P)
27/08	50.9% (P)