



Lend a Hand

# BERITA ROTARY

ROTARY CLUB OF KUALA LUMPUR DIRAJA

R.I. DISTRICT 3300



KDN PP1359/12/2000

Website: [www.rotarykldiraja.org](http://www.rotarykldiraja.org)

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## 'Century of Service' – The Story of Rotary International

Since 1997, the Centennial History of Rotary Committee has been working diligently to produce a book that captures the evolution and excitement of Rotary's first 100 years. Author David C. Forward, a member of the Rotary Club of Marlton, N.J., USA, spent three years researching and writing the volume. He interviewed more than 100 Rotarians in 15 countries to gain a comprehensive view of Rotary around the world. "During my research, I uncovered many interesting facts and details about the organization and its founder that have never been published," he says.

Perhaps one of the greatest challenges was coming up with the book's title, according to Past RI President Charles C. Keller, committee chairman. "We wanted a title that was inspirational and dignified," says Keller. "Another important consideration was that the title could be easily translated."

Name That Book contest, which was advertised in The Rotarian and on the RI Web site. "The response was incredible," says Keller. "More than 3,000 entries were submitted from every corner of the Rotary world and in many languages." Keller reports that at least 50 contestants suggested A Century of Service, but few also included a subtitle. The winners (randomly selected from a pool of entrants whose title and subtitle showed the greatest similarity to the final selection) will receive a leather-bound edition of the book autographed by past RI presidents.



The 384-page centennial history book will be officially unveiled at the International Assembly in early 2004, in English. It is scheduled to be released in the six major Rotary languages (English, French, Japanese, Korean, Portuguese, and Spanish) by 1<sup>st</sup> July 2004. Those who pre-order the book by 31<sup>st</sup> March 2004 will receive a free CD version as a bonus.



"This book will make you feel proud to be a Rotarian," says Keller. "It graphically illustrates, in words and pictures, the humanitarian spirit that has made Rotary such a remarkable force for good around the world."

To preorder a copy, contact RI's Publications Order Services,

**phone:** (847) 866-4600;  
**fax:** (847) 866-3276;  
or use the online catalogue

### Attendance Figures for meetings in July 2003

Meeting 02/07	68.7%
Meeting 09/07	73.9%
Meeting 16/07	57.9% (Provisional)
Meeting 23/07	53.0% (Provisional)



## Secretary's Announcement For Lunch Meeting ( Meeting On 30<sup>th</sup> July 2003 )

### 1. Change of Time & Venue - Wednesday 24<sup>th</sup> September 2003

The venue of the luncheon Meeting on 24<sup>th</sup> September 2003 will be at Dewan Bandaraya, hosted by the Datuk Bandar. The time has been changed to 12.00 noon instead of 1.00pm.

### 2. Meetings of the Service Committees

Vocational Service Meeting will meet on 6<sup>th</sup> August 2003 (Wednesday) at 2.00p.m. Shangri La Hotel, Kuala Lumpur.

New Generation Service will meet on 12<sup>th</sup> August 2003 (Tuesday) at 5.30pm. Shangri La Hotel, Kuala Lumpur.

### 3. Board of Director Meeting

2nd BOD Meeting will be held on 5<sup>th</sup> August 2003 at 6.00pm ECC 2 Room (Basement 2, Shangri La Hotel).

### 4. Family of Rotary Intercity Meeting at Kota Bahru/Sungai Golok

The Rotary Club of Kota Bahru is organizing an Intercity Meeting called "Family of Rotary Intercity Meeting":-

**Date :** 30<sup>th</sup> & 31<sup>st</sup> August 2003

**Venue :** Kota Bahru and Sungei Golok, Thailand

Please visit the website: <http://www.kbrotary.com/intercity> to download and print the registration form and fax to 09-7442840 or contact at [intercity@kbrotary.com](mailto:intercity@kbrotary.com).

### 5. The Rotary Club of Kuala Kangsar meets weekly as follows :

Wednesday 8.00pm at KWANG TUNG Association Hall, ( Above LIDO Photo Studio ) Lot 393, 1st Floor, Jalan Tun Abdul Razak, 33000 Kuala Kangsar, Perak.

The Charter Night of the RC Kuala Kangsar will be as follows: Sunday 19<sup>th</sup> October 2003 at Casuarina Hotel, Ipoh. Guest of Honour : DYMM Sultan Azlan Shah of Perak.

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## Notices

### 1. Career & Personal Development Seminar & Rotary Education Fair 2003

*Jointly organised by Rotary Club of Kuala Lumpur DiRaja & Rotaract Club of Kuala Lumpur*

**Objective :** To provide an avenue for students to seek information on career opportunities and education needs to pursue careers of choice.

**Date :** Saturday, 16<sup>th</sup> August 2003

**Time :** 9.30 a.m. to 4.30 p.m.

**Venue :** Sekolah Sri Garden, 9 Jalan 1/75C, Off Jalan Pria Taman Maluri, 55100 KL.

For more information contact Rtn Hardeep Singh or Rtn Jalil Jamil.

### 2. Nomination for District Governor in RI District 3300 for RI Year 2005/2006

Suggestions for Nomination must reached to the Hon.Secretary's office by

**5.30pm 31<sup>st</sup> July 2003** and must be consist of:

2.1. A Letter of Proposal of the Candidate by a member;

2.2. A letter by seconder to second the said proposal and

2.3. A letter by the Candidate stating that he understood the duties of the potential office and is able and willing to carry out such duties and responsibilities.

**3. RI Director 2005-2007- Members' decision to be taken** at the Club's Regular Luncheon Meeting on **6<sup>th</sup> August 2003**. PDG Dato' Mustapha Ma has indicated his willingness and desire to be suggested by the Club to be so eligible to be elected; and the President will ask members to decide upon whether to submit his name to the RI Nominating Committee.

Please note that the required quorum for such regular luncheon meeting of the Club is one third of the members. **All members are urged to attend the Club's regular luncheon meeting on 6<sup>th</sup> August 2003** to decide on the above.

## Today's Speaker: Lim Ai Leng

### Topic: Diet, Health & Nutrition

- :: Currently the Chief Dietitian of Gleneagles Intan Medical Centre, Kuala Lumpur.
- :: Active member of Malaysian Dietitians' Association, Nutrition Society of Malaysia and Malaysian Diabetes Association.
- :: Recently one of the speakers during the SHOWCASE MALAYSIA 2003: In conjunction with the XIII NAM SUMMIT, KUALA LUMPUR held at PWTC.
- :: Participated in Nutrition Programs on Radio, Magazine and Television eg. NTV7 and Wanita Hari Ini of TV3.
- :: Has conducted various public forums on nutrition and healthy living including participation in Mines Resort. Diet Counseling in "Expo Cintai Barang Buatan Malaysia" .

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## Last Week's Speaker Report Back - Wednesday 23<sup>rd</sup> July 2003

### Speaker: Ms.Kang

### Topic: 'Enabling the youth of today and leaders of tomorrow to be ICT savvy'



*PP William Lau introduces the speaker Ms W C Kang.*

Ms.Kang of MIMOS Bhd spoke on the theme 'Enabling the youth of today and leaders of tomorrow to be ICT savvy'. The young, as all parents know, are naturals at computers but how can they be persuaded to channel their creativity, enthusiasm and energy constructively. Well, through the Young Capacity Building Programme. Mobilize them when they are young and get them ICT enabled by giving them access to computers.

Empower them, train them and encourage them. The 'Youth Capacity Building Programme' runs various training modules and Club Members can help at an individual level by giving time and becoming members of a support group. The Club as a whole can help by associating with one of the programme 'mentor' groups. As Ms Kang said the idea of the Youth Capacity Building Programme is to turn 'Empty Bottles' into Lit Candles' and there is plenty to do. There was no time for questions only time to offer a vote of thanks to Ms Kang for a lively and stimulating talk.



*Birthdays - PP Dr Sukhdave Singh.*



*Attendance Secretary, PP Jason Gan does his weekly tally.*

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## Funny Bones

1. A boy asked his father, "Dad, why do doctors put on masks at operations?" The father replied, "They have to, son; if something goes wrong, nobody can identify them."
2. The wife phoned her husband in the office and said, "Darling, come home early, we are going to have mother for dinner" "Good," replied the husband, "make sure she's well done."

## Hospice Malaysia (founded in 1991)

Hospice / Palliative Care is concerned with enabling patients with diseases that are progressive and no longer respond to curative treatment to live out his/her remaining days with dignity - free from pain, despair and others forms of distress. A great deal of knowledge and experience in this specialised field has been introduced and developed. For instance, today the pain of an incurable disease can be completely eliminated in most cases, or in other cases, greatly reduced. With the aid and services provided by Hospice care, the final stage of a dying person's life can be enhanced, comfortable and dignified.



Through Hospice / Palliative Care, a patient's family can be taught and trained on how to attend to the patient in the most effective manner, relieving both the patient and his / her family of much stress and anxiety. In many cases, good Hospice care provision has brought the patient and their family closer to each other, perhaps much closer than ever before. When this occurs, it is perhaps the most important and deeply felt time of life



'Hospis Malaysia' views Palliative Care as a responsibility and has an objective to raise greater awareness of Palliative Care, it's services and it's benefits. The organisation also provides training for doctors, nurses and other medical professionals in symptom control such as pain management and assessing the psychological needs of patients. As a Hospice / Palliative Care provider, 'Hospis Malaysia' endeavours to provide professional Palliative Care to enhance the quality of life of those in need in the Klang Valley.

For more information, contact our Rtn Dr.Ednin Hamzah or visit the website [www.hospismalaysia.org](http://www.hospismalaysia.org)

### Quotes

1. Learn from the mistakes of others. You can't live long enough to make them all yourself.
2. "One of the greatest creations of the human mind is the art of reviewing books without having read them" – By G C Lichtenberg
3. "Liberty doesn't work as well in practice as it does in speeches" - By Will Rogers
4. "Order without liberty and liberty without order are equally destructive" - By Theodore Roosevelt
5. "When two cultures collide is the only time when true suffering exists" – By Hermann Hesse

### Birthday Boys (from 30.07.2003 to 05.08.2003)

Rtn Teo Choo Kum on 30.07.2003

### Ann's Birthdays (from 30.07.2003 to 05.08.2003)

Wai Fun Ann of Rtn Steve Lau Keng Lim on 02.08.2003  
Thanaseharan Subramaniam on 04.08.2003  
Rtn Lawrence Kong 05.08.2003



### Wedding Anniversaries (from 30.07.2003 to 05.08.2003)

PP William Lau & Tan Chin Heng on 01.08.2003  
Dr. Govindan Karumathil Sukumaran & Inger Margareta on 02.08.2003  
Dato' Hendry & Datin Ranjit on 05.08.2003