



BERITA ROTARY



Reach Within to Embrace Humanity

WEEKLY MEETING (12TH OCT 2011) CHAIRD BY PRESIDENT ANDY KHOO

President Andy Khoo chaired the weekly meeting after the usual opening formalities and was assisted by Convener Rtn Tay Beng Chai.



President Andy Khoo addressing the members.



Rtn Convener Tay Beng Chai opening the meeting at 1.00pm and leading the singing of the Negaraku.



Members singing the National Anthem.



Club Members doing the Loyal Toast.



Members and guests enjoying the delicious Buffet Lunch.



Members and guests enjoying the delicious Buffet Lunch.

Rotary Year 2011-2012

Royal Patron

Duli Yang Maha Mulia
Sultan Selangor Darul Ehsan

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2011 – 2012

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& Immediate Past President

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BERITA ROTARY

ANNOUNCEMENTS / DIARY

COMMITTEE

ANNOUNCEMENTS

MEMBERSHIP

COMMITTEE

Meeting every 2nd
Wednesday of the month

CLUB ADMINISTRATION

COMMITTEE

Meeting every 1st Wednesday
of the month (immediately
after luncheon meeting).

SERVICE PROJECTS

COMMITTEE

Meeting every 3rd and 4th
Wednesday of the month
(immediately after club
meeting)

INT. SVC COMMITTEE

Sister Club Installations:
Bangkok - TBA
Hatyai Nakarin - TBA

CLUB

ANNOUNCEMENTS

Speakers Roster

DISTRICT

ANNOUNCEMENTS

Rotary International
Themes & Months



BERITA ROTARY WEEKLY PROCEEDINGS



Reach Within to Embrace Humanity

ATTENDANCE / ON DUTY

RCKL Rotarians: 36

RCKL Rotarian Make Ups: None

Convener: Rtn Tay Beng Chai

Sergeant-At-Arms: None

National Anthem And Loyal Toast: Rtn Tay Beng Chai

VISITING ROTARIANS

- Dr Ralph Klemp from RC Bali Seminguk.
- Dr Ralph Klemp addressing the members and thanked them for their fine hospitality.
- President Andy Khoo exchanging Club Banners with Dr Ralph Klemp.

GUESTS OF THE CLUB



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Happy Birthday Rtn Theodoor Paauw and Rtn Gerald Lee. Their birthday cake was served to the Members and Guests.



Dr Ralph Klemp from RC Bali Seminguk.



Dr Ralph Klemp addressing the members and thanked them for their fine hospitality.



President Andy Khoo exchanging Club Banners with Dr Ralph Klemp.



The birthday boys are cutting their cake.



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Dato' Jimmy Lim arranged for his chief cook to serve us her Special Fish Noodle Soup.



Dato' Low has his two plates full.



Tan Sri Krishnan is focused on the food.



Rtn Bingley Sim with the Speaker Ms Tee Lin Say.



PP Lim Eng Ho is updating the members on the response and tables sold the Abandoned Childrens Home fund raising dinner.

AGENDA:

- General Updates
- Announcements
- Today's Main Event
- Ms Tee Lin Say - Face Reading

Announcements :

- Monthly Calendar – July 2011
- 19 Oct – Induction of Peter Vogt & Wee.
- 26 Oct – No CLUB meeting: Deepavali.
- 02 Nov – request by Tengku Razaleigh for Charity handover press event.
- Nov 2011 – Planned FOUNDATION month by PDG D.Jimmy Lim.
- 11 Jan 2012 – RCKLDR Founding Anniversary.

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THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR-WAY TEST

Of the things we think, say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?



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- 17-18Jan 2012 – DG visit to RCKLDR.
- Events & Installations RY2011/12.

UPCOMING :

- 14 Oct 2011 – BRDB Golf Tournament at KGNS Subang, fund raising for Abandoned Children’s Home.
- 2 flights taken by Andy Khoo & Tay Beng Chai.
- 18 Oct 2011 – BRDB Dinner & Show at Sime Darby Convention Centre, fund raising for Abandoned Children’s Home.
- 3 tables taken by RCKLDR & 1 table by PP Frank Lim
- 26 Oct 2011 – Deepavali dinner, 8pm Lake Club by Dato Kulasegaran.

DATUK PP RAMLI BIN ABRAHIM

**The Malaysian of the Year 1984 –
The Ahmad Noordin Committee of Inquiry.**



My dear Fellow Rotarians,

Bismillah Hir Rahman Nir Rahim. Assalamu Alaikum w.b.t.
May God's Blessings of Peace be with you, your family and our Great Rotary Family.

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INFORMATION

**Doctor-Penned Report
Recommends Hypertensive
Patients Should Ditch Meds and
Go Natural**

A dynamic duo of natural treatments for high blood pressure –the DASH Diet and the supplement CoQ10 are more effective than any blood pressure lowering medication on the market, reports a team of docs from the University of Rochester Medical Center.

In their paper, the doctors looked at the available evidence for natural treatments for hypertension –a heart disease risk factor that afflicts 1 billion of the world’s population.

They found that the DASH diet –a diet that emphasizes intake of low-fat dairy and fresh produce—trumped any drug. Additionally, the supplement CoQ10 was also found to be effective at reducing blood pressure quickly and safely. Importantly, the paper notes that these two natural approaches are “usually harmless.”



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I was pleasantly surprised and proud to read in today's STAR SPECIAL Sunday, 9th October, 2011

on Page IV a reproduction of THE STAR - the people's paper ** 5762 Monday, January 7, 1985.

One of the Three Members of The Ahmad Noordin Committee of Inquiry is none other than our fellow Rotarian - **Past President of the Rotary Club of Kuala Lumpur DiRaja Dato' Ramli Ibrahim.**

Please see Pictorial sketch of the three Heroes - the Malaysian of the Year 1984 which is appended below.

It is nice to be remembered and acknowledged publically by one of our main media. It is particularly significant for Fellow

Rotarians to note that P.P. Dato' Ramli Ibrahim true to his professional ethics lived and practiced Rotary's 4-Way Test in the most challenging, difficult and trying circumstances. P.P. Datuk Ramli you have truly done Rotary and our nation proud.

Wassalam!

Mus

BOD MEETING

Members of the Board at their monthly meeting, serious at work..

The meeting was chaired by President Andy Khoo and dinner and drinks was hosted by PP Lim Eng Ho. A sumptuous dinner was served after the meeting and excellent Wine and Whisky was free flow. Our BOD meetings are fun and exciting to be at. Do join the Committee next year and you will be sufficiently impressed.



BOD having serious discussions.



Again hard at work during dinner.

LAUGHTER

The mother fainted...

Ah Beng choosing a bride, MALAYSIAN STYLE.

Ah Beng's mom was very concerned that her middle-aged son has not shown the slightest indication of getting married. So one day she called him over to her house.

Ah Beng went over after work, grudgingly. Upon arriving, he found his mother had gathered a few pretty girls at the house for him to choose as his future bride.

The FIRST one was a well-endowed Telephonist-cum-Receptionist. Ah Beng immediately commented: 'Aiyaa... Mother, they always say... PLEASE HOLD ON, HOLD ON...'

The SECOND candidate was a leggy secretary. She was also rejected. Reason being: 'Aiyaa... Mother, Secretary always fond of saying 'NOT IN, NOT IN...'

By this time, the mother is nearing frustration. She called a sweet but plain-looking Teacher. This time Ah Beng agreed!!

The Mother was surprised and asked: 'Why this one? I thought the earlier two were a lot better.

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THIS WEEK'S SPEAKER

Ms Tee Lin Say
Journalist, StarBiz.

Talk on Face Reading



Rtn Bingley Sim Introducing the Speaker Ms Tee Lin Say.



The Speaker Tee Lin Say addressing the members.



Rtn Azmal Khan giving the closing remarks.



Azmal Khan presenting the Speaker Ms Tee Lin Say our token of appreciation.



Ms Tee Lin Say personally autographed her book while Bingley and Dato' Prakash looks on.

Highlights of Face Reading.

For centuries, people have tried to understand aspects of a person's character just by looking at their face. The ancient Chinese believed that your face was a reflection of your inner spirit. In Medieval Europe, beauty was considered to be synonymous with virtue, and ugliness was sometimes considered a sign of evil. Even in more recent times, phrenology -- the study of the shape of the skull -- was used erroneously to identify the guilt of suspected criminals. As recently as the 19th century, this remained a popular school of thought.

While these once fashionable ideas have been disproved by modern studies, there are still aspects of the face that may allow us to make a judgment on somebody else.. We don't claim this to be an exact science, and it may be worth putting it in a similar bracket to things like astrology and palm reading.

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Ah Beng replied: 'Teachers very good, very good, always say: I WANT YOU TO DO IT AGAIN, I want it done 100 times... SOME MORE, SOME MORE...!'

Her 15 years old son was listening quietly all this while at the other end of the room. Suddenly, he shouted: 'Brother... the mini bus lady Conductor is much better laah... she always says: 'NAIK CEPAT, NAIK CEPAT... MASUK, MASUK... MASUK LAGI, DALAM LAGI... DALAM LAGI LAAAAH, MASUK BELAKANG... BELAKANG LAGI, BELAKANG BANYAK KOSONG...'



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There are apparently over 100 points on the face that can be analyzed, but we aren't going to tell you about all of them. However, for anyone who has an interest in what their face may be revealing to others, you may just find a kernel of truth somewhere in here.

Face shape

Round: A person with a round face is considered to have a more emotional personality and may be sensitive and caring. Apparently, you guys have very strong sexual fantasies and enjoy being in stable, long-term relationships.

Oblong: Oblong types are considered to be very practical, methodical and with a tendency to overwork. You are most likely to have a muscular or athletic physique, which some equate to narcissism and may lead to problems in relationships.

Square: A square face is linked to fire and you may appear as aggressive, ambitious or domineering. You have a sharp, analytical mind and are decisive.

Triangular: These face shapes are traditionally associated with a thin body and an intellectual persuasion. Chinese face readers associate this face with creativity and sensitivity, as well as a fiery temperament.

The Forehead

A wide forehead is supposedly a sign of cleverness and practicality, as well as being idealistic and someone who has many ideas. If your forehead is flat, it indicates someone who is pragmatic, logical and expresses themselves through facts. If you have an "exaggerated" forehead, it references a dreamer, someone who needs a firm plan of action to go alongside their ambitions.

The Eyes

They say the eyes are the windows to your soul. What your eyes are saying when people read faces

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RECIPE



TUNA CASSEROLE

Ingredients:

- 2 cups macaroni
- 1 can Campbell's Cream of Celery Soup
- 1 can tuna
- 1 small package cream cheese
- ½ teaspoon garlic
- ½ teaspoon dry mustard
- ¼ cup milk
- 1 small onion, chopped
- ¼ cup grape nuts
- 2 Tablespoons butter

Directions:

1. Cook macaroni per package directions.
2. In casserole dish mix cream of celery, softened cream cheese, milk until smooth.
3. Add tuna, garlic, dry mustard and onion. Stir in cooked macaroni.
4. Melt butter and mix grape nuts into the butter. Spread mixture over top of casserole.
5. Bake in 375 degree oven for 45 minutes.



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Made famous by Richard Bandler and his ideas of Neuro Linguistic Programming, the idea is that where someone looks as they speak is an indication of what they are thinking. If you ask someone a question and they look up to their right (your left), it means they are accessing their creative brain, which indicates a visual construction. Up to their left indicates they are accessing a visual memory and are likely to be telling the truth. Similarly, looking directly to their right indicates an auditory construction (a lie), and to the left is an auditory memory (the truth).

The shape of the eye may also be revealing. There is a lot of detail here, but we will just cover some of the basics. Prominent eyes that glitter brightly are preferable to small, shifty eyes that display a nervous temperament. Unevenly set eyes suggest a person who looks at things from different perspectives, and often have startling insights into problems thanks to their ingenuity. Eyes that slant upward denote somebody who is an opportunist and are people who know how to get what they want. Many supermodels have this look -- as do cats. Finally, deep-set eyes belong to people with an intense, possessive (but observant) nature, and are often associated with writers and creative types.

How widely set your eyes are may also be revealing. Narrow set eyes suggest a narrow view of the world, while wide set eyes are more tolerant and broadminded. They may also have scant regard for authority figures.

Finally, be aware of what is described as "the look." While this is something that cannot be expressed in words, it is something we can instinctively detect when we look at someone. The eyes are the window to the soul, and being able to detect whether they are cold, cruel, warm, or amorous is something we all get a feeling for just by looking at someone.

Eyebrows

Weak or fine eyebrows are believed to suggest someone who is quite indecisive and sometimes lacking in confidence. Conversely, people with bushy eyebrows value assertiveness and tend to have quite strong personalities. Having a unibrow signifies an intense personality, which may be prone to jealousy and possessiveness. These are people who think an awful lot, which may suggest an introspective personality.

The Nose

The ideal nose has a high, straight, full, and fleshy tip with gently flared, but protected, nostrils. The fleshy tip indicates cordiality and warmth of personality and deep empathy with others. These types set high standards for themselves and are good mannered. An oversize nose tip results in violent tendencies. The larger the nose tip, the more prone they are to an act of violence. An Aquiline nose portrays strong will, independence and enterprise, while an upturned nose suggests luck in social circumstances and a love of mixing with people.

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Mouth

The mouth is linked to communication and sensuality, and the shape of the lips can be quite revealing. A thin top lip and a full bottom lip may indicate someone who cannot reciprocate in a relationship. The opposite arrangement suggests someone who may be overly giving. Full round lips convey a caring and sensitive nature, while small lips are indicative of a mean and self-centered personality. Downward curves suggest someone who will be very hard to please, while upward curves indicate an optimistic character.

Jaw line

A strong jaw indicates someone who has a very strong value system and may judge you very quickly. The stronger the jaw line, the greater someone's stamina and endurance. These people may also be considered stubborn.

In contrast, a weak or receding jaw would suggest somebody who has a weaker willed personality and may be susceptible to the influences of others.

Finally, a jawline that is wider than the ear line denotes someone who is incredibly competitive and hates losing. They do not brook competition.

Wrinkles

Crow's feet (the wrinkles around the eyes) are said to be "joy lines." They are said to be a sign of an open heart and someone who spreads joy as they go. The vertical frown lines that appear between the eyes reveal a very logical person -- someone who works hard and can be very decisive. The lines that extend from the nose to the mouth are called purpose lines. The emergence of these lines are said to denote people who are moving along the right life path.